



INDIVIDUALIZED OUTPATIENT PROGRAMS

Based on the American Society of Addiction Medicine (ASAM) continuum of care, Park offers:

- **Level 2.5 Partial Hospitalization with or without licensed housing**
 - Ideal for clients needing daily monitoring in a structured setting
 - 20+ hours a week of programming
 - Our highest level of care
 - Programming is offered 7 days a week
- **Level 2.1 Intensive Outpatient**
 - Ideal for clients with stable housing and/or stepping down from a higher level of care
 - 9 to 19 hours a week of programming
 - Programming is offered Monday – Friday
 - Evening programming is available for men
- **Level 1.0 Outpatient**
 - Ideal for clients needing relapse programming and /or stepping down from a higher level of care
 - 1 to 8 hours a week of programming
 - Programming is offered Monday – Friday
 - Evening Programming is available for men
- **Support Services**
 - Mental Health Therapy
 - Dietitians
 - Social Workers
 - Amazing Health (Medications)
 - Nurses
 - Peer Recovery Service

Our outpatient programs are tailored to each client's individual needs, treatment progress, and availability. As clients advance through their treatment plans, their level of participation typically decreases. However, if additional support is needed, their schedule is adjusted accordingly. This may include increasing services, modifying levels of care, or transitioning into our licensed housing programs. The standard duration of treatment is 18 weeks.

To make a referral, simply call our Admissions team at 612-871-7443 or have the individual reach out to us directly and we can accept them through our Direct Access process.